Parent Perceived Challenges to Treatment Utilization in a Publicly-Funded Behavioral Intervention Program

**RESULTS**

Parents perceive various challenges to TU. Overall, parents reported an average of 4.2 challenges (SD = 2.65). Child and family characteristics may increase the risk for TU challenges. Parents offered recommendations for improving their TU.

**IMPLICATIONS**

- Many parents indicated that the listed challenges were “not at all” interfering with TU. This suggests the need to identify the policies and procedures currently in place that foster TU. They could be essential to the effective implementation of publicly funded EIBI programs.
- There is need for communication among treatment providers and parents to determine the most beneficial use of child’s time. Considering the limited amount of time a child is enrolled and the evidence that supports EBI, it may be needed to prioritize over other therapies to ensure successful implementation.
- School-based delivery of EBI may increase TU. At minimum, there is need for a partnership between an EIBI program and schools to ensure TU and to provide maximum benefit to children and families across settings.
- Future research is needed to: 1) investigate the processes by which sociodemographic and other factors impact TU; 2) determine the desirability of reducing treatment burden by prioritizing EBI over other therapies while the child is enrolled in an EIBI program; 3) examine experiences of line therapists in this new service context to obtain their perspective on issues of TU; 4) investigate the feasibility and desirability of providing TU for families and children.

**REFERENCES**